

**'100 adventures to have before you  
grow up'  
Anna McNuff**

## 8. GO ON A FLIP-A-COIN ADVENTURE



It's time to fly by the seat of your adventure-pants in this flip-a-coin adventure! And the best thing about it is that you can do it wherever you are.

Grab a family member for an hour or two. Then decide on the starting point for your adventure. It could be a local landmark, your school gates, your front door or your nearest park. Make sure you have a coin with you as it will be your chief decision-making tool. Each time you get to a junction, stop and flip the coin to decide between left and right. Keep doing this at every junction you come to for an hour and just ... go with the flow. There's a thrill in not knowing what you might find around the next bend.

Once you've got the hang of a flip-a-coin adventure, try mixing things up. You could do the same adventure cycling, scootering, skateboarding or roller-blading over a morning or afternoon, so you can explore an even bigger area.



1. What does 'fly by the seat of your pants' mean?
2. What does 'go with the flow' mean?
3. In the picture, who do you think has gone a 'flip-a-coin' adventure?
4. Write the instructions for the route taken in the picture. E.g. At the large blue house, turn left.

**CHALLENGE:** Could you take on the 'flip-a-coin adventure' with your family when you go out for a walk?